

Omeche Perpetual ELAIGWU

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PROFESSIONAL SUMMARY

Dedicated Public Health Educator with a strong focus on environmental health, disease prevention, and community health awareness. Experienced in delivering structured health education, supporting primary healthcare services, and sensitizing diverse populations on sanitation, hygiene, and healthy living. Skilled in translating public health principles into practical, people-centered education that promotes behavior change, improves health outcomes, and supports safer, healthier communities.

CORE COMPETENCIES / SKILLS

- Health Education & Promotion
- Environmental Health & Sanitation
- Preventive & Rehabilitative Healthcare
- Hygiene Education & Infection Control
- Classroom Instruction & Delivery
- Patient Education & Counseling
- Behavior Change Communication
- Community Outreach & Advocacy
- Data Recording & Reporting
- Teamwork & Communication

EDUCATION

B.Sc. Health Education | 2025

- University of Ilorin, Ilorin, Nigeria.

Senior School Certificate (SSCE) | 2019

- Command Day Secondary School, Ikeja, Lagos State.

PROFESSIONAL EXPERIENCE

Class Instructor

Community Primary School, Tanke-Okeodo, Kwara State | Sept 2024 – Dec 2024

- Delivered health education lessons to over 40 pupils per class, improving understanding of hygiene, sanitation, and healthy habits.
- Prepared weekly lesson plans aligned with curriculum requirements, achieving 100% syllabus coverage for assigned topics.
- Conducted interactive sessions on environmental cleanliness and personal hygiene, increasing student participation by 75%.
- Monitored pupils' learning progress through class assessments and practical demonstrations.
- Worked with school staff to promote a safe, clean, and health-conscious learning environment.

Health Assistant

Molab Hospital, Pipeline, Ilorin, Kwara State | Sept 2023 – Dec 2023

- Assisted in daily clinical operations, supporting healthcare delivery for an average of 30–40 patients per day.
- Educated patients on environmental hygiene, infection prevention, and healthy lifestyle practices.
- Conducted basic health checks, including vital signs monitoring, under professional supervision.
- Maintained accurate patient records and supported data documentation in line with hospital protocols.
- Participated in health awareness and patient-education activities, contributing to improved patient compliance.

PROJECTS & OUTREACHES

- **Community Health Outreach, Laduba, Kwara State** – Facilitated health communication campaigns within the community, raising awareness on preventive health practices and improving public understanding of key health issues. (Jan 2025)
- **Environmental Health Field Study** – Engaged in an educational trip to Asa-Dam Riverbank and the Kwara State Dumpsite, focusing on environmental health issues, particularly atmospheric pollution and its impact on community health. (Jul 2023)
- **Community & Academic Health Presentations** – Delivered multiple seminar presentations on communicable diseases, nutrition, and environmental health, sharpening skills in public speaking, health research, and communication. These sessions fostered peer learning and evidence-based health advocacy within the academic community. (2021 – 2025)

CERTIFICATIONS & PROFESSIONAL AFFILIATIONS

- Member, National Association of Health Educators (NAHE) | 2025
- Teachers Registration Council of Nigeria (TRCN) | 2025

ADDITIONAL INFORMATION

References available upon request.