

SHOLA-BAKARE ADEDAYO ONOME

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EDUCATION

Babcock University Expected Jul 2026
Program: Nutrition and Dietetics | Academic Standing: Second Class Upper
Relevant Courses: CRM (E-Customer Relationship Management), ICT Fundamentals and Office Productivity Management, Spreadsheets and Digital Presentations, E-Project Management and Simulation

PROJECTS & AWARDS

Sportswoman of the Year Mar 2024
Babcock University

WORK EXPERIENCE

Industrial Training (SIWES) Jan 2024 - Mar 2024
Protea Hotel Select Ikeja

- Participated in hospitality and food service operations within a fast-paced hotel environment.
- Gained exposure to kitchen operations, food handling procedures, and teamwork across departments.
- Developed workplace discipline, professionalism, and customer service skills.
- Worked collaboratively with staff to support smooth operational activities.

Industrial Training (SIWES) Apr 2024 - Jun 2024
Lagos University Teaching Hospital

- Assisted within a structured healthcare and nutrition-related environment.
- Gained exposure to food service support, healthcare operations, and patient interaction.
- Developed interpersonal, organizational, and communication skills.
- Worked effectively within a multidisciplinary professional setting.

Sales Executive Jul 2019 - May 2021
Olayemi Trading Store

- Led a team of 2 sales people to develop a strategy that doubled daily sales, increasing revenue by 45%.
- Negotiated supplier discounts of up to 25%, significantly improving profit margins.
- Built strong customer relationships that resulted in a 50% increase in monthly purchases.

LEADERSHIP EXPERIENCE

Hall Senator Jun 2023 - Jul 2025
Babcock University Student Association

- Advocated for key issues impacting student welfare, resulting in actionable improvements in school policies.
- Streamlined communication with management, accelerating issue resolution by 50%.

SKILLS

- Nutrition Data & Dashboard Interpretation
- Corporate Wellness Program Design
- Women's Sports Nutrition & Basic Program Planning
- No-Code Health Technology Tools
- Client Operations & Freelance Foundations
- Microsoft Office Suite (Word, Excel, PowerPoint)
- Customer Service & Communication
- Email & Digital Communication